



सत्यमेव जयते
Supported by
Consulate General of India
Houston

Celebrate 12th

INTERNATIONAL DAY OF YOGA 2026



Indian Council for Cultural Relations
भारतीय सांस्कृतिक सम्बंध परिषद्



LIST OF 2026 IDY EVENTS



DATE	TIME	ORGANIZATION	ADDRESS & INFORMATION
May 27	7:30 am - 9:00 am	Consulate General of India, Houston at City Hall, Houston	Houston City Hall 901 Bagby St, Houston, TX 77002
June 1, 2, 3 & 5	Various timings	SVYASA- Cyclic Meditation & Pranayama, Holistic Yoga Practice for All, Yoga Nidra & Chair Yoga for Seniors	Visit vyasahouston.org for timing & details Online on Zoom: https://tinyurl.com/4r8bd7en
June 7	9:00 am - 10:00 am	SVYASA & Shri Krishna Vrundavana Temple	10251 Synott Rd, Sugar Land, TX 77498
June 11	4:45 pm	Consulate General of India, Houston in Partnership with Indian Doctors Association	Consulate General of India, Houston 4300 Scotland St, Houston, TX 77007
June 13	10:30 am - 11:30 am	Swasth Yoga & Gujarati Samaj of Houston	GSH Event Center 9550 W. Bellfort Ave, Houston, TX 77031
June 15	6:30 pm - 8:00 pm	Union is Creation - Spanish Yoga	Discovery Green 1500 McKinney St, Houston, TX 77010
June 16	11:00 am - 12:00 pm	India House	India House 8888 W. Bellfort Ave, Houston, TX 77031
June 19	11:00 am - 12:30 Pm	India House & Swasth Yoga	India House 8888 W. Bellfort Ave, Houston, TX 77031
June 20	7:30 am - 9:30 am	Hindu Temple of The Woodlands	7601 S. Forestgate Dr, Spring, TX 77382
June 20	7:30 am - 9:30 am	Hindu Yuva & HSS	Brazos River Park 18427 Southwest Fwy, Sugar Land, TX 77479
June 20	8:00 am - 10:00 am	Patanjali Yog Peeth	Arya Samaj 14375 Schiller Rd, Houston, TX 77082
June 20	9:30 am - 11:30 am	Baytown Indian Community	Baytown Community Center 2407 Market St, Baytown, TX 77520
June 20	10:00 am - 11:00 am	Swasth Yoga & Gayatri Temple	Gayatri Temple 20914 Parl Row Blvd, Katy, TX 77449
June 20	2:00 pm - 3:30 pm	Eternal Gandhi Museum Houston	12379 Riceville School Rd, Houston, TX 77031
June 20	6:00 pm - 8:00 pm	Consulate General of India, Houston	Midtown Park 2811 Travis St, Houston, TX 77006
June 20	7:00 pm - 9:00 pm	iDoYoga San Antonio & All Indian Orgs in SA	Civic Park at Hemisfair 210 S. Alamo St, San Antonio, TX 78205
June 21	7:00 am - 9:00 am	Sewa Int'l & HSS - Yoga Session & 5k Walk	George Bush Park 20150 Westheimer Pkwy, Houston, TX 77082
June 21	8:00 am - 10:00 am	Patanjali Yog Peeth	Arya Samaj of Houston 14375 Schiller Rd, Houston, TX 77082
June 21	9:30 am - 10:15 am	City of Fulshear & Yoga Community of Fulshear & Katy - Chair Yoga	Irene Stern Community Center 6920 Fulshear Katy Rd, Fulshear, TX 77441
June 21	10:30 am - 11:15 am	City of Fulshear & Yoga Community of Fulshear & Katy - Yoga for All	Irene Stern Community Center 6920 Fulshear Katy Rd, Fulshear, TX 77441
June 21	10:00 am - 12:00 pm	ISKCON of Houston	Bhakti Urban Farm 5415 Wheatley St, Houston, TX 77091
June 21	6:00 pm - 8:00 pm	Consulate General of India, Houston at Texas State Capitol	Texas State Capitol Building 1100 Congress Ave, Austin, TX 78701
June 21	6:00 pm - 9:00 pm	Union is Creation	Discovery Green 1500 McKinney St, Houston, TX 77010
June 26	6:00 pm - 8:00 pm	FBC Pct 3 Comm. Andy Meyers	Fort Bend Precinct 3 151 Stadium Drive, Sugarland, TX 77498
June 27	10:00 am - 12:00 pm	United Leuva Samaj Houston	ULH Community Center 331 United Leuva Cir, Houston, TX 77060
June 27	6:00 pm - 8:30 pm	VHP-A & IACAN	Independence Park 3449 Pearland Pkwy, Pearland, TX 77581

For More Information: Sharad Amin 713-854-0633 | Bharat Patel 713-459-4326

This Calendar of 2026 IDY Events has been sponsored by
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